

## **Giving Colon Hydrotherapy is Standard Procedure for Sharda Sharma, M.D.**

Located in Millburn, New Jersey as a primary care physician for nearly twenty-six years, Sharda Sharma, M.D. dispenses medical care of a multi-disciplinary nature to her patients. Dr. Sharma employs colon hydrotherapy, chelation therapy, massage therapy, massage therapy, acupuncture, Reiki manipulative therapy, and much more. She treats the body as a whole (holistically).

"I have trained and certified colon hydrotherapists working as part of my staff. Under my supervision for the past year-and-a-half they have been rendering care for constipation, abdominal cramps, allergies, and a variety of other conditions, including ten patients with hepatitis C. These hepatitis patients respond to colon hydrotherapy and do well," assures Dr. Sharma. "For instance, Mrs. Felicia, a forty-two-year-old high school teacher, had suffered with constipation - no bowel movements - for six days at a stretch. She was bloated, fatigued, lethargic, headachy, and crampy. My treatment choice for her was enzyme supplements and colon hydrotherapy twice weekly for thirteen weeks. These treatments solved the constipation problem for Mrs. Felicia. She goes to the toilet as desired without having to sit there for long periods waiting, reading, meditating, or undergoing other mental or physical diversions."

"Colon hydrotherapy is excellent as a treatment for the yeast syndrome. A very anxious fifty-year-old female, Mrs. Sara Audrey, consulted me because she was running to the toilet every two hours with either diarrhea or with attempting to find comfort from constipation. It turns out that she had irritable bowel syndrome complicated by candidiasis. During the administration of colon hydrotherapy, I observed that Mrs. Audrey was loaded with *Candida albicans*. I recognized the white yeast organisms floating through the transparent tube of my colon flushing device," says Dr. Sharma. "But the patient is now in fine shape - much relieved. She has good bowel movements twice daily with no gas. This is typical of almost all patients undergoing colon hydrotherapy."