

Colon Therapy Corrects Constipation

"One of my more significant cases was Tommy, an eight-year-old boy with the most awful constipation anyone could imagine," says former general surgeon and emergency medicine specialist Paul Flashner, MD, of Wellesley, Massachusetts. Observing their superior results for his patients, Dr. Flashner has more recently adapted his treatment techniques almost completely to complementary and alternative medicine (CAM). Most definitely, he has incorporated colon hydrotherapy as a regular CAM technique.

"Tommy's constipation was really bad. He never had a bowel movement for a week at a time. Recognizing the dangers of physiological toxicity, his parents took their son for consultation with numerous gastroenterologists. The child had been subjected to colonoscopy a dozen times, but nothing could be found as the source of his blockage. Laxatives hardly helped at all. There was no diagnosis except that he suffered severely from constipation," confirms Dr. Flashner. "Then the parents found their way to me so that the boy might undergo examination and treatment one more time. They described their eight-year-old's condition."

"I improved the child's diet and removed all junk foods. Then I instigated an exercise program, had him drink lots of water, balanced his colonic flora, and added fiber food supplements. But most vital for Tommy's welfare is that he took colon hydrotherapy under my prescription. The beneficial effect was dramatic, for within six months he was experiencing a natural and normal bowel movement every day. No laxatives were involved in his progress," states Dr. Flashner. "Now the child does not need to consult me anymore; still, he continues his colonic cleansing by having colon hydrotherapy. He did this once a month for six months, and currently he undergoes the cleansing just four times a year. It's been two years that Tommy remains in excellent physical condition."

"Colon hydrotherapy is the perfect specific procedure to eliminate constipation and restore normal bowel function.

My approach to medical practice is to balance the GI tract using stool testing. I find various pathologies relating to bacteria, yeast, parasites, and other organisms of this nature. A lot of disease comes from imbalances in the colon, as manifested by inflammatory bowel disease, ulcerative colitis, autoimmune diseases, allergies, multiple sclerosis, and certainly constipation. Such

imbalances can be corrected by means of colon hydrotherapy, herbal supplements, and diet," says Dr. Paul Flashner. "There is no question about the huge difference a health professional can bring to the patient by utilizing colon hydrotherapy plus other associated complementary and alternative methods of healing."