

Board Certified Gastrointestinal Surgeon Endorses Colon Hydrotherapy

Thirty years ago, Leonard Smith, MD, of Gainesville, Florida graduated from medical school and eventually became board certified in general surgery by the American College of Surgery. For more than twenty-five years, Dr. Smith has practiced as a specialist in gastrointestinal surgery. He has dealt with all types of colon difficulties, including operations for overcoming colon cancer, colon diverticulitis, appendicitis, hemorrhoids, and numbers of other internal organ health problems.

"I am very well acquainted with the colon's functions, and my true belief is that colon hydrotherapy is the perfect cleansing medium for preparing the patient for colonoscopy. It's a much better way of getting the human colon ready for an operation than having a patient swallow a gallon of that usual pre-surgery solution known as 'Colon-Go-Lytely.' Instead, colon hydrotherapy has the patient avoid this solution's noxious side effects of vomiting, diarrhea, abdominal cramping, and other troubles," Dr. Smith says.

"Moreover, seriously ill patients tend to be chronically constipated which results in generalized toxemia. It turns out that colon hydrotherapy is the gentlest and most effective treatment to take care of a sick person's constipation problem. My recommendation for cancer patients is that they should undergo frequent colon hydrotherapy procedures to make sure a colon's toxic burden is being kept at a minimum while their bodies are trying to heal," affirms Dr. Smith. "While not a substitute for eating a high fiber diet, those cancer patients who take colon hydrotherapy often experience the elimination of their aches and pains, improvement of appetite, and they tolerate a tough healing process better."

"I also believe that normally healthy people will find it valuable to take colon hydrotherapy every couple of months in order to experience how well one feels when the colon is truly empty. It's a fact that most people fail to fully evacuate the colon, something they don't realize. People undergoing colon hydrotherapy on a prevention basis become quite surprised at how much waste is removed by the procedure," Dr. Smith says.

"Without any reservation, I declare that my wish is to see it become an established procedure for many kinds of gastrointestinal problems. If medical centers, hospitals, and clinics installed colon hydrotherapy departments, they would find such departments just as efficacious for patients as their present treatment areas which are devoted to physiotherapy," states Leonard Smith, M.D. "Such is my true belief, and I do endorse this therapeutic program."